

Dover's Childrens Village & Too Serving 1yr-10yr All serving sizes are adjusted to age December 1, 2025

| Meal Pattern | Monday | Tuesday | Wednesday | Thursday | Friday |
|-------------------------------------|--|---|------------------------------------|--|---|
| Breakfast: Milk | 4 oz 6 oz 8 oz | 4 oz 6 oz 8 oz | 4 oz 6 oz 8 oz | 4 oz 6 oz 8 oz | 4 oz 6 oz 8 oz |
| Juice/Fruit/Veg. | 2 & 4 oz Oranges | 2 & 4 oz Applesauce | 2 & 4 oz Blueberries | 2 & 4 oz Strawberries | 2 & 4 oz Raisins |
| Bread/Cereal | 1/3 & 3/4 cup WG Cereal | 1/2 & 1 slice WG Pancakes | 1/2 & 1 slice WG Buttered Toast | 1/2 slice & 1 slice WG English muffins | 1/2 slice & 1 slice WG French Toast |
| Lunch: Milk | 4 oz 6 oz 8 oz | 4 oz 6 oz 8 oz | 4 oz 6 oz 8 oz | 4 oz 6 oz 8 oz | 4 oz 6 oz 8 oz |
| Meat/Meat Alt. | Ham & Cheese Wrap: 2 oz Deli ham 1 oz Deli cheese .5 oz Mayo | Cheeseburgers (Child Nutrition) .5 oz Ketchup | Pizza Burger (turkey) (Recipe) | Chicken nuggets (Child Nutrition) 1.5 & 2 oz Chicken .5 oz Ketchup | Fish Sticks (Child Nutrition) 1.5 & 2 oz Cod .5 oz Ketchup |
| Veg. or Fruit | 2 /4/6/oz Mixed berries | 2 /4/6/oz Oranges | 2 /4/6/oz Pineapples | 2 /4/6/oz Apples | 2 /4/6 oz Peaches |
| Veg. or Fruit | 2 /4/6/oz Tomatoes | 2 /4/6/oz Corn | 2 /4/6/oz Baked beans | 2 /4/6/oz Carrots | 2 /4/6/oz Mixed Veggies |
| Bread | 1/2 & 1 slice WG Wrap | 1/2 & 1 Hamburger bun | 1/2 & 1 Hamburger bun | 1/2 & 1 WG bagel | 1/2 & 1 WG dinner roll w/ butter |
| PM Snack: * (select 2 items) | | | | | |
| Water | 4 oz 6 oz 8 oz | 4 oz 6 oz 8 oz | 4 oz 6 oz 8 oz | 4 oz 6 oz 8 oz | 4 oz 6 oz 8 oz |
| Meat/Meat Alt. | 4 & 6 oz Greek Yogurt | | | 4 & 6 oz Cheddar Cheese Cubes | |
| Juice/Fruit/Veg. | | 4 & 6 oz Watermelon | 4 & 6 oz Raspberries | 4 & 6 oz Blueberries | 4 & 6 oz Bananas |
| Bread/Cereal | 4 each 1 oz Pretzels bites | 4 each Club Crackers | 4 each Saltine Crackers | | 4 each 1 oz Graham Crackers |