Hillside Academy LLC

3900 Hill Road Boise, Idaho 83703

2021-2022

School Year

Pre-K, Kindergarten, First Grade

Our Mission

Hillside Academy LLC is an independent school that provides a safe, experiential, and integrated learning environment attentive to individual needs. Hillside's environment empowers children to maximize their potential and to find their places as lifelong learners in school and society. Our school welcomes and encourages the presence and participation of parents in the creation of an active, inventive and congenial environment.

Children have the potential and the possibilities; Hillside Academy LLC provides the opportunities, expectation, and support. Students are challenged to meet their academic potential while developing personal responsibility, self-discipline, empathy, integrity, and respect for others.

Our challenge is to determine how each child learns best. Our goal is to educate meaningfully while nurturing and building trust. Our success is measured by whether, in partnership with parents, we've made the most of an individual's potential based on their strengths and gifts.

Non-Discriminatory Policy

Hillside Academy LLC admits students of any race, color, religion, sex, national and ethnic origin to all the rights, privileges, programs and activities generally accorded or made available to all students at the school. It does not discriminate in administration of its educational policies, admission policies, scholarship and loan programs and other administered programs.

We believe...

We believe self-esteem arises through self-respect: the result of academic accomplishment, proper behavior, and proper respect for others.

We believe that when there is a positive, safe environment, and where there is a highly challenging curriculum, learning takes place.

We believe communication is the most essential skill for developing successful human relationships.

We believe that varied teaching techniques are necessary to meet the needs of every student: tactile, visual, kinesthetic, auditory, group, individual, and independent.

We believe that the Idaho Core Standards are a solid floor; but not a ceiling when it comes to student achievement potential.

We believe that parent participation is a key to a successful program.

We believe that meaningful homework is important to overall student achievement.

UNIQUENESS OF HILLSIDE ACADEMY LLC

- Hillside Academy LLC is a private school, financed through tuition, contributions and fundraising.
- ❖ Parent participation is a true partnership of academic and personal support for each child and staff member.
- ❖ We maintain very small class sizes: A 6-to-1 ratio is maintained for language arts, science, and math classes.
- Our curriculum rises above the public schools.
- ❖ Transportation is readily available with our small groups. Frequent travel is important to many activities in our program: library visits, grocery shopping, Discovery Center, and field trips.
- Weekly calendars go home every Friday. Calendars keep parent(s)/staff communication at its highest.
- ❖ The special talents of all parents will vary from year to year, giving our academy a broad base of skills to incorporate into our program.

START OF THE DAY

At 9:00am, clean-up is called. Following clean-up, we gather on circle for the Pledge of Allegiance. A song or two are sung, followed by announcements by the staff, then attendance is taken.

Regular school attendance is important to a student's academic success, and also promotes good work habits and self-discipline.

Parents are asked to call the academy by 9:30am when a student will be absent.

Students are to arrive at the academy ready to work. Appropriate clothing and shoes are expected.

Morning snack is served at 9:30am. A monthly calendar is sent home and each child is assigned a snack day. We ask parents to provide a healthy snack for 24 children.

LUNCH / RECESS

The students will go to lunch at 11:45am. Following lunch is outdoor recess when weather permits or indoor recess on bad weather days. Class or nap resumes at 1:00pm.

Students are to bring in healthy lunches, so their afternoon time goes smoothly.

Every Wednesday is pizza day. Pizza, fruit, chips and milk are served. The cost is \$3.00 per week. Pizza Wednesday is a choice. If you want your child to participate in this program, add pizza money to your monthly tuition.

STUDENT RELATIONSHIPS

Interaction between students – the friendships formed and the degree to which children feel accepted, comfortable, and safe – can encourage enthusiasm for going to school or sour a student's outlook.

We want the experience of attending Hillside Academy LLC to be positive, so we pay attention to the quality of student to student relationships.

While our expectations are quite high, we recognize that "kids need to be kids". Teachers will provide opportunities both in and out of the classroom for students to work and play together as peers.

It is clear to all students that we expect kindness and we measure how they treat their classmates by the Golden Rule. We stress the importance of politeness.

LANGUAGE ARTS

We believe Language Arts is the gateway to the world. It is a primary tool of thought and written communication.

<u>Language and Reading</u>: Our approach to teaching blends phonics and whole language. We use leveled readers, dictionaries, story time, puppetry, spelling, and story writing to develop a love for our written language.

<u>Read Aloud Collection</u>: Weekly, we enjoy a chapter book read aloud by a staff member. Students enjoy well read stories. This is a great opportunity to model pleasure through reading.

MATH

We believe math is a powerful tool for exploring, understanding, and explaining the universe. Skill mastery will be built on physical, visual, and cognitive experiences. Applying problem solving strategies to solve everyday problems will allow students to see their math skills at work. Our program connects math to the students' world through stories, games, and creative activities. Our students will work in group settings and individually. Our manipulative based approach allows the students to have a deeper understanding of math concepts.

SCIENCE

We believe that scientific explorations allow a child to observe, understand, and appreciate the natural world. The scientific process builds cognitive thinking and allows each child to experience logical reasoning and study. Throughout this process, a strong sense of personal achievement is acquired.

Electric lab, or snap circuitry, is part of our science program. The students learn to follow picture directions to build their circuit boards, experimenting with many facets of electricity.

HEALTH EDUCATION

We believe the foundation of building healthy minds and bodies needs to begin when children are young. Our program is designed to enable each child to establish healthy habits and life-long skills handling emotions, exercise, and nutrition.

Nonviolent conflict resolution and emotional management are keys to our program. Developing interpersonal competence and recognizing personal assets is necessary for nurturing healthy young children – integrity, empathy, sensitivity and friendships are all important.

Physical education is part of our daily routine. We develop healthy exercise routines through swimming, dance, ice skating, skiing, walking, soccer and team games.

<u>Walker's Club</u>: Exercising to music is a lot of fun. Every fifteen minutes of walking (which includes several step variations – side step, knees up, kick back, etc.) is a mile. Miles are recorded and Walker's Club awards are given at the end of the year. Our goal is 40 miles over the school year.

Illness Policy:

Hillside Academy LLC is not equipped to care for sick children. If your child shows signs of illness, please make other arrangements for your child's care. Children with the following symptoms SHOULD be excluded from group care:

- Fever of 101 or greater. Child should be fever free, without medication, for 24 hours, before returning to school.
- Vomiting or diarrhea. Symptom free for 24 hours.
- Strep throat. On medication for 24 hours.
- Chicken pox. All pox need to be scabbed over.
- Head lice until condition is treated

When your child is not feeling well, school can be challenging. Everyone gets the common cold, but when your child coughs all day, germs are spread quickly. A child with a persistent cough should be excluded from group activities.

TUITION

NEW RATES BEGINNING NOVEMBER 1, 2021 REGISTRATION FEE: \$200.00 (may be split, 1/2 upon enrollment, 2nd half in January)

PRE-K, K, FIRST GRADE:
5 days a week

School only 9am - 3pm \$600.00 a month

Before 7 - 9am or after school after 3pm \$650.00 a month

Before & after school \$700.00 a month

PRE-K 4 days a week \$600.00 A month

3 days a week \$500.00 a month

DAILY RATE \$45.00

AM PRESCHOOL - 9AM - 12:30PM
5 days a week \$500.00 a month
4 days a week \$450.00a month
3 days a week \$400.00 a month
or \$35.00 a day

AFTER AM PUBLIC SCHOOL KINDERGARTEN 11:30AM 5 days a week \$550.00 a month 4 days a week \$480.00 a month 3 days a week \$400.00 a month OR \$35.00 A DAY

BEFORE AND AFTER SCHOOL

New tuition rates beginning November 1, 2021 REGISTRATION FEE: \$45.00 ANNUAL BUS FEE \$100.00

BEFORE SCHOOL CARE ONLY: We open at 7:00am. This year we deliver to Cynthia Mann, Pierce Park, Collister, Longfellow and Lowell BEFORE SCHOOL CARE is \$300.00 a month, or \$20.00 a day

AFTER SCHOOL CARE ONLY: this year we pick up from Collister,
Cynthia Mann and Lowell schools
AFTER SCHOOL CARE 3PM - 6PM
5 days a week \$400.00 a month
4 days a week \$360.00 a month
3 days a week \$300.00 a month
\$25.00 a day

BEFORE & AFTER SCHOOL CARE:

5 days a week \$500.00 a month 4 days a week \$420.00 a month 3 days a week \$330.00 a month or \$30.00 a day

Tuition is based on a 20 day period. There are no tuition breaks for days that your child is absent.

Each full time family is entitled to 2 weeks vacation, per year, taken in 1 week increments, with a two week written notice to the school.

Tuition is due on the 1st of each month. There will be a \$30.00 late fee added if payment is not received by the 5th of the month.

NUTRITIOUS LUNCHES BUILDS HEALTHY BODIES AND BRAINS!

The eating habits your child develops in their first 4-5 years of life, will influence the rest of their life. Make sure they get off to a good start!

A good lunch should include foods from each of the five food groups: grain/bread, fruit, vegetable, dairy/milk, and protein/meat.

Remember:

- Fresh fruit is better than canned fruit. Canned fruit in natural juice or light syrup is better than fruit snacks and rollups.
- Wheat breads are better than white bread.
- Fresh vegetables are eaten better when cut in smaller pieces.
- Candy has no nutritional value and should not be included in the daily lunch.
- Milk with lunch is a good way to get one of the three dairy choices the day. Eight ounces of milk also supplies 9 grams of protein!
- Avoid high fructose corn syrup, color dyes, and foods high in sugar!
- Processed foods are easy, but not the healthy choice when making nutritional meals.
- Carbohydrates are the body's fuel source, but protein-balances the body's sugar levels. Meals without protein, cause the child to go high quickly from the carbs, then drop low. The ups and downs throughout the day creates anxiety, tiredness and cranky children! Studies have shown that children, ages 4 - 6 should consume about 20 grams of protein a day. The more active a child is, the more protein they should include in their diet.

There are many foods that contain carbs. The largest group is the grains - breads, pasta, cereal, rice, crackers etc.

Protein comes from meats, fish, cheeses, eggs, peanut butter, nuts, yogurt, milk, cottage cheese, just to name some!

HERE ARE SOME SAMPLE HEALTHY LUNCHES:

Peanut butter sandwich, apple slices, carrotsticks and milk

Turkey slices on a bagel with cream cheese, pickles, banana and milk

Chicken noodle soup, crackers, string cheese, celery with peanut butter, Tangerine and milk

Chili, crackers, corn muffin, apple slices and milk

Graham crackers with peanut butter, yogurt, grapes and milk

Tuna sandwich, cucumber slices, cottage cheese, watermelon and milk

Grilled cheese sandwich, tossed salad, corn chips, strawberries and milk

Spaghetti, bread & butter, salad, -and-milk

Chicken leg, cubed cheese and crackers. Fresh veggies with ranch, pear slices and milk

Chicken nuggets, corn, grapes, yogurt and milk

Sliced meat and cheese, veggies and hummus, crackers, grapes and milk

Hot dog and bun, pork and beans, banana and milk

Pizza, applesauce, sliced cucumbers, tortilla chips and milk