

☐ Reactivation

PATIENT DEMOGRAPHICS (*Required per Federal Guidelines)

***Smoking Status (Individuals age 13 years and older)**

___Smoker, current status unknown

***Current Medications Prescription/Non-prescription** None or See List Below

Name of Prescription	Dose	Form	Frequency	Chronic	As Needed	Unknown
_____	_____	_____	____X per _____	_____	_____	_____
_____	_____	_____	____X per _____	_____	_____	_____
_____	_____	_____	____X per _____	_____	_____	_____
_____	_____	_____	____X per _____	_____	_____	_____
_____	_____	_____	____X per _____	_____	_____	_____
			X per			

HISTORY OF PRESENTING ILLNESS/INJURY

What are your symptoms? _____

Date symptoms began? _____ How did it occur? _____

___ Work Related ___ Auto Accident Related Missed work or school? ___ No ___ Yes, how many days? _____

Have you tried any self-remedies, ice, heat, massage, etc. _____

Have you seen any other providers for the condition you are seeing us today? _____

Have you received any prior treatment for this condition? _____

Have you ever seen a chiropractor before, if so, whom? _____

How many times have you had this condition previously? Never 1-3 times 4+ times

Have you had recent x-rays or other imaging of the area, if so, where were they taken? _____

Do you have any other health conditions? Please circle all that apply.

Diabetes High Blood Pressure High Cholesterol Asthma IBS/Cholitis Cancer

Arthritis Infertility Issues Other _____

Females: Are You Pregnant? ___ No ___ Yes, Estimated Due Date? _____

Describe any major illnesses, accidents, injuries, hospitalizations, or surgeries

Date	Doctor/Hospital	Condition(s)	Complications
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____

SOCIAL HISTORY

Occupation _____ Hours per week _____

Recreational Activities/Hobbies _____

Do You Exercise ___ No ___ Yes How Often? _____ In What Way? _____

Do You Consume Caffeine? ___ No ___ Yes How Much? _____ How Often? _____

Do You Consume Alcohol? ___ No ___ Yes How Much? _____ How Often? _____

FAMILY HISTORY List any current or past health conditions of your family members. (if deceased, list age and cause of death)

Father _____

Mother _____

Brothers _____ How Many? _____

Sisters _____ How Many? _____

Children _____ How Many? _____

SYSTEM REVIEW QUESTIONS Have you had any problems with the following areas, now or in the past? Circle specific issues.

- | | |
|---|--|
| ___ EYES (GLASSES, CONTACTS, CATARACTS, GLAUCOMA, ETC.) | ___ GASTRO-INTESTINAL (ACID REFLUX, ULCERS, GALL BLADDER, IBS, ETC.) |
| ___ EARS, MOUTH, NOSE, THROAT (HEARING LOSS, SINUS, ETC.) | ___ GENITO-URINARY (MALE/FEMALE REPRODUCTION, KIDNEYS, BLADDER, ETC.) |
| ___ CARDIOVASCULAR {HEART, HIGH B.P., HIGH CHOLESTEROL, STROKE} | ___ MUSCULOSKELETAL (BREAKS, ARTHRITIS, OSTEOPOROSIS, DISCS, ETC.) |
| ___ RESPIRATORY (LUNGS, BREATHING, ASTHMA, C.O.P.D., ETC.) | ___ SKIN (RASHES, SKIN CANCER, DRYNESS, PSORIASIS, ECZEMA, HAIR, ETC.) |
| ___ NEUROLOGICAL {NERVE ISSUES, M.S., WEAKNESS, NUMBNESS, ETC.) | ___ PSYCHIATRIC (ANXIETY, DEPRESSION, BIPOLAR, ADD/ADHD, ETC.) |
| ___ ENDOCRINE (THYROID, HORMONAL IMBALANCES, LIVER, ETC.) | ___ CONSTITUTIONAL (FEVER, CHILLS, NAUSEA, DIZZINESS, ETC.) |
| ___ INTERNAL ORGANS (DIABETES, APPENDIX, SPLEEN, LIVER, ETC.) | ___ HEMATOLOGICAL (ANEMIA, THIN BLOOD, SICKLE CELL, ETC.) |

OTHERS: _____

HISTORY OF PRESENT ILLNESS - CHIEF COMPLAINT(S)

Fill out this section as accurately as possible. Mark the area with the described sensation using the appropriate symbols from the left. Rate your pain on the scale below from 0 to 100 (0 = no pain; 100 = intolerable pain). If there is more than one area of discomfort, please rate the pain 0 to 100 next to each area as appropriate.

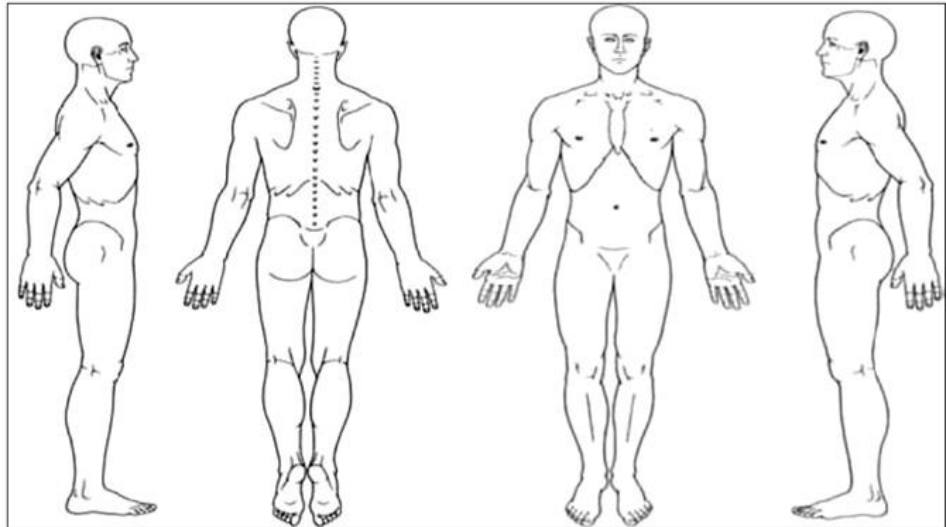
X X X Burning Pain
_ (((Aching Pain
0 0 0 Pins & Needles
- - - - Numbness
_ : : : Sharp Pain

☐ Constant
☐ Comes/Goes
☐ Fluctuates

☐ Getting Better
☐ Getting Worse
☐ Staying Same

Better: Worse:

☐ AM ☐
☐ MID-DAY ☐
☐ PM ☐



NO PAIN PAIN SCALE: INTOLERABLE

0 _ 5 _ 10 _ 15 _ 20 _ 25 _ 30 _ 35 _ 40 _ 45 _ 50 _ 55 _ 60 _ 65 _ 70 _ 75 _ 80 _ 85 _ 90 _ 95 _ 100

What Makes Condition BETTER?

Head / Neck: ☐ Heat ☐ Cold ☐ Meds ☐ Chiropractic Other: _____
Mid Back: ☐ Heat ☐ Cold ☐ Meds ☐ Chiropractic Other: _____
Low Back: ☐ Heat ☐ Cold ☐ Meds ☐ Chiropractic Other: _____
Shoulder, Arm, Wrist, Hand: ☐ Heat ☐ Cold ☐ Meds ☐ Chiropractic Other: _____
Hip, Leg, Ankle, Foot: ☐ Heat ☐ Cold ☐ Meds ☐ Chiropractic Other: _____
Other: ☐ Heat ☐ Cold ☐ Meds ☐ Chiropractic Other: _____

What Makes Condition WORSE?

Head / Neck: _____
Mid Back: _____
Low Back: _____
Shoulder, Arm, Wrist, Hand: _____
Hip, Leg, Ankle, Foot: _____
Other: _____

Indicate your Ability to Perform the Following Activities of Daily Living. Please use the following codes:

U – Unable L – Limited P – Painful D – Difficult N – Normal H – Haven't Tried

☐ Lying on Back ☐ Dressing Self ☐ Lifting ☐ Kneeling ☐ Twist/Turn – LEFT / RIGHT
☐ Lying on Sides ☐ Stooping ☐ Gripping ☐ Bending Forward ☐ Sitting/Driving/Riding
☐ Lying on Stomach ☐ Pushing/Pulling ☐ Standing ☐ Get In/Out of Car ☐ Using Computer
☐ Turning Over in Bed ☐ Reaching ☐ Walking ☐ Sexual Activity ☐ Using Stairs
☐ Cough/Sneeze/Grunt – (if painful, where _____)
☐ Sleeping - (# times wake up _____; # pillows _____; position sleep in: _____)

Notes