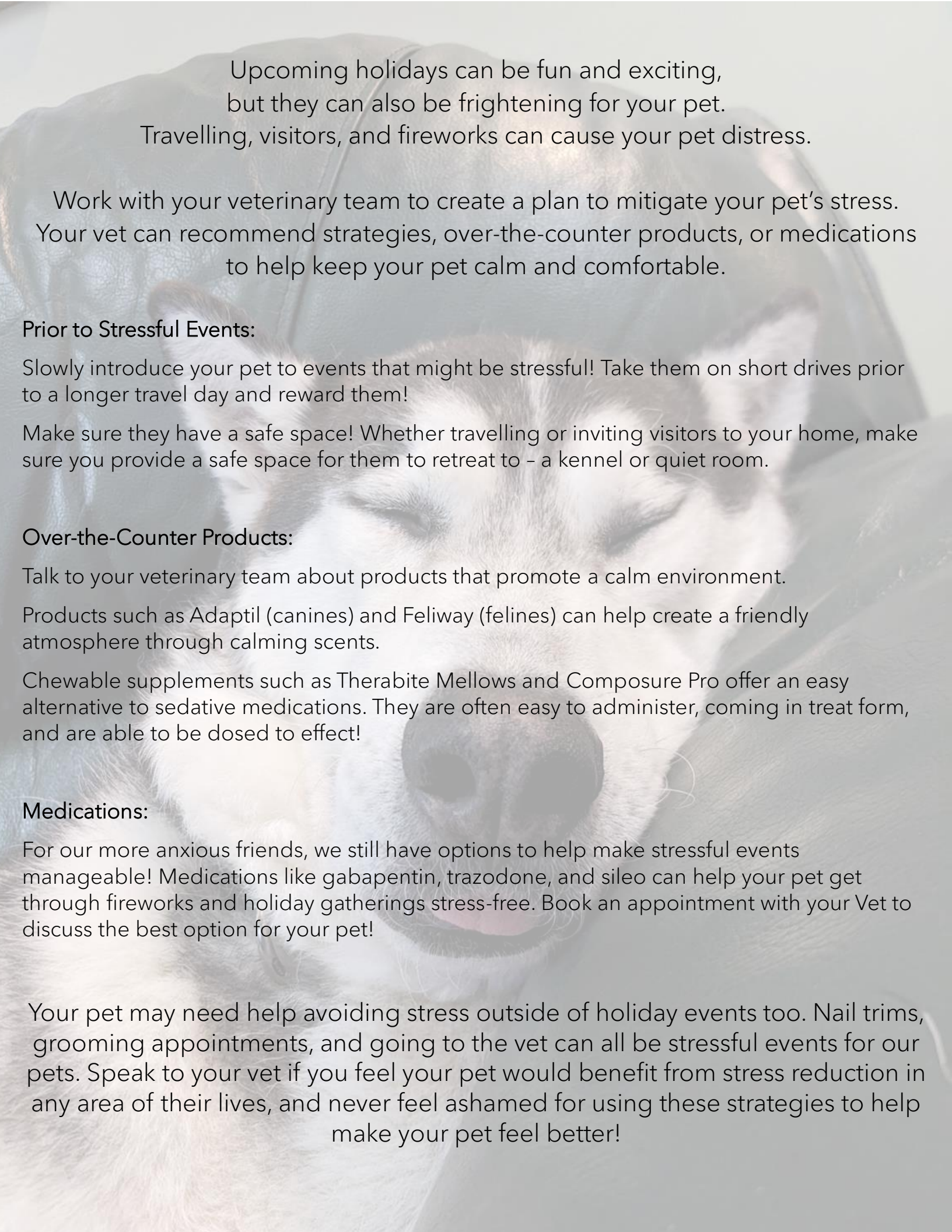




Upcoming holidays can be fun and exciting,
but they can also be frightening for your pet.
Travelling, visitors, and fireworks can cause your pet distress.

Work with your veterinary team to create a plan to mitigate your pet's stress.
Your vet can recommend strategies, over-the-counter products, or medications
to help keep your pet calm and comfortable.

Prior to Stressful Events:

Slowly introduce your pet to events that might be stressful! Take them on short drives prior to a longer travel day and reward them!

Make sure they have a safe space! Whether travelling or inviting visitors to your home, make sure you provide a safe space for them to retreat to - a kennel or quiet room.

Over-the-Counter Products:

Talk to your veterinary team about products that promote a calm environment.

Products such as Adaptil (canines) and Feliway (felines) can help create a friendly atmosphere through calming scents.

Chewable supplements such as Therabite Mellows and Composure Pro offer an easy alternative to sedative medications. They are often easy to administer, coming in treat form, and are able to be dosed to effect!

Medications:

For our more anxious friends, we still have options to help make stressful events manageable! Medications like gabapentin, trazodone, and sileo can help your pet get through fireworks and holiday gatherings stress-free. Book an appointment with your Vet to discuss the best option for your pet!

Your pet may need help avoiding stress outside of holiday events too. Nail trims, grooming appointments, and going to the vet can all be stressful events for our pets. Speak to your vet if you feel your pet would benefit from stress reduction in any area of their lives, and never feel ashamed for using these strategies to help make your pet feel better!